

## 

## This coloring book is dedicated to Bennett Bradley (ibaye).

A heartfelt thank you to all the community members featured in the coloring book:

sasha alexander
Lauren Kelly Benson
Kevin Quiles Bonilla
Mx. Je'Jae Cleopatra
Ifa Segun Funmi
Mijori Goodwin
Marissa Kubicki
Jessica Nguyen
J. Soto
Danielle Stelluto
Moira Williams

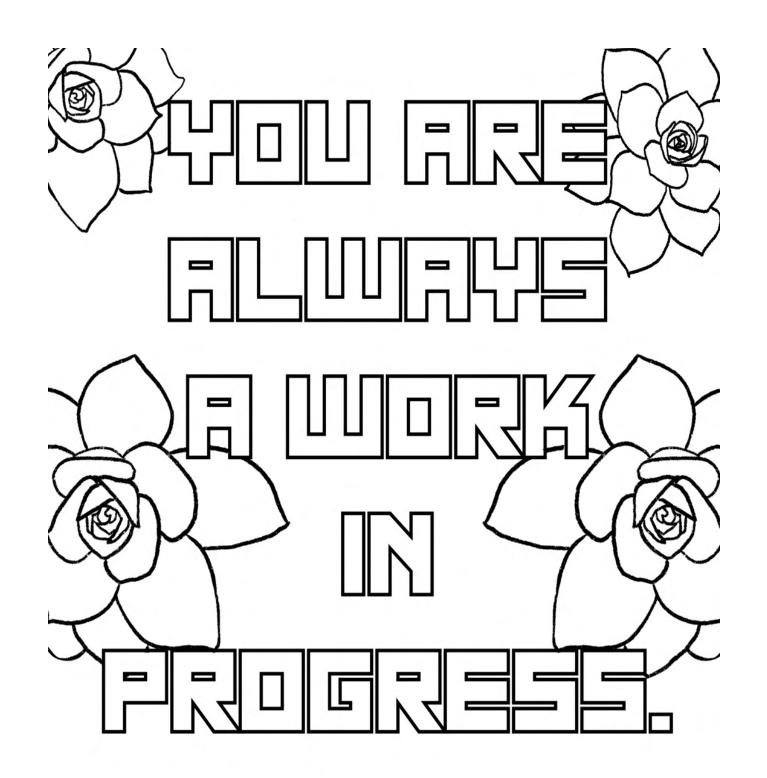
Special thanks to Jazz Justine and Lucemy Perez who created the art for this coloring book.

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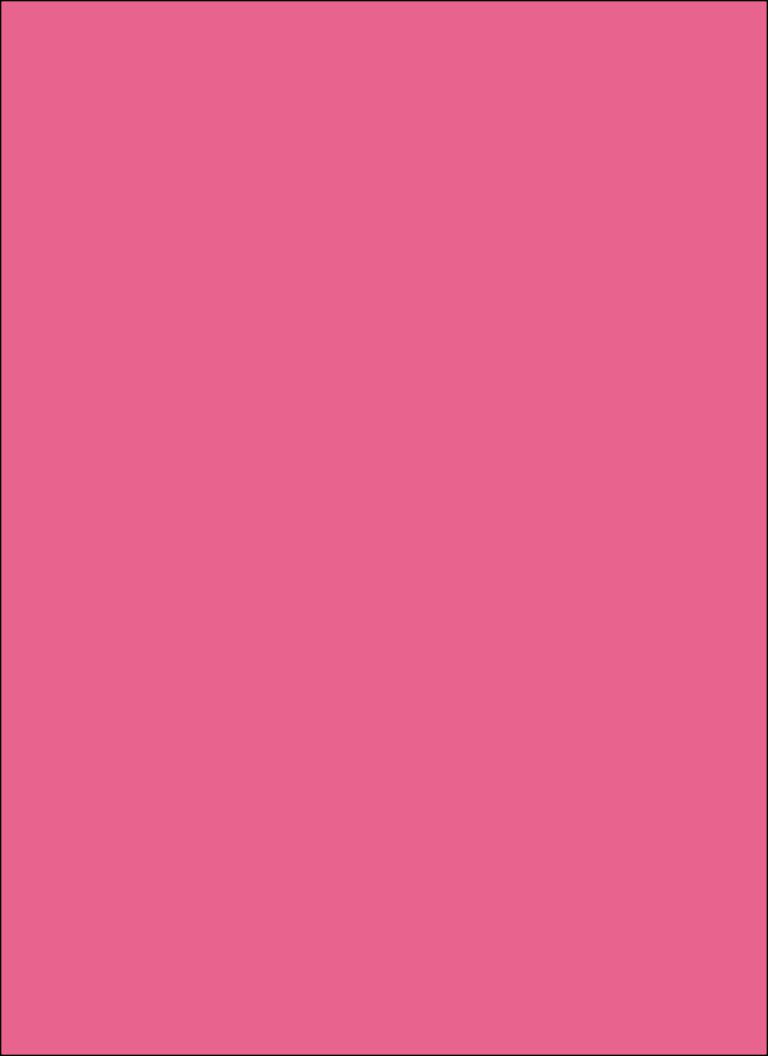


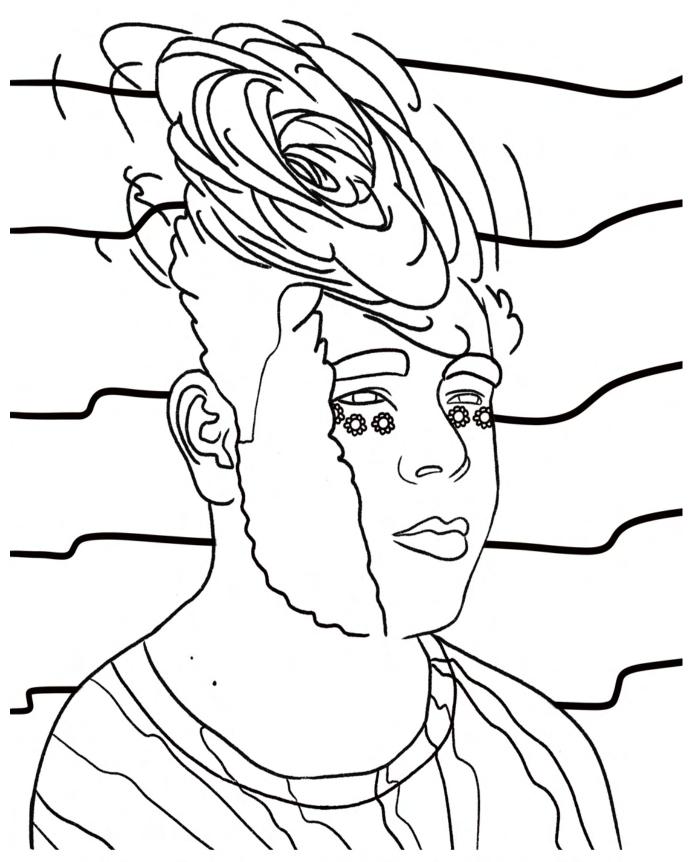
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## This book belongs to

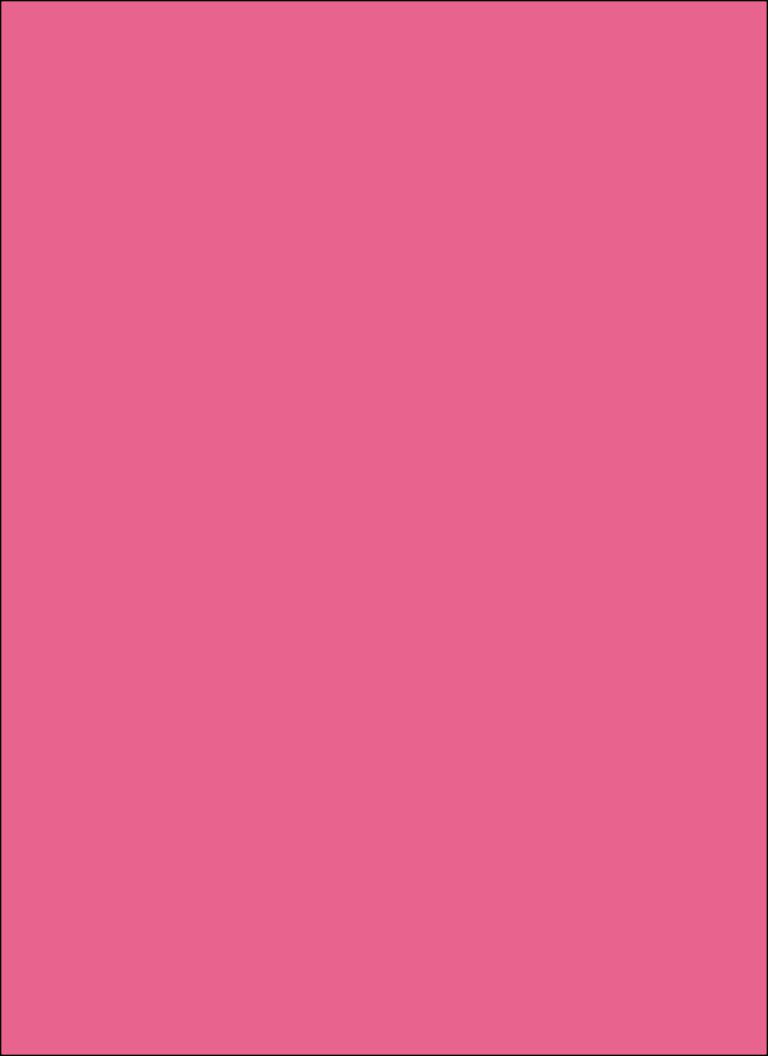


-JESSICH NGUYEN

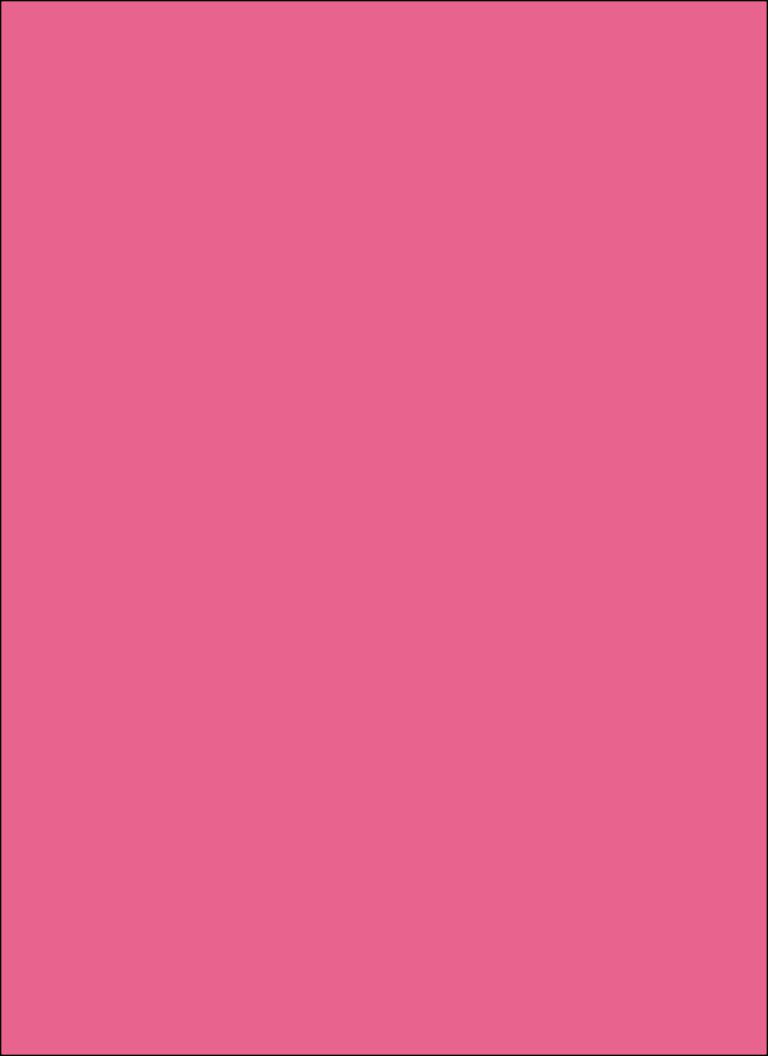


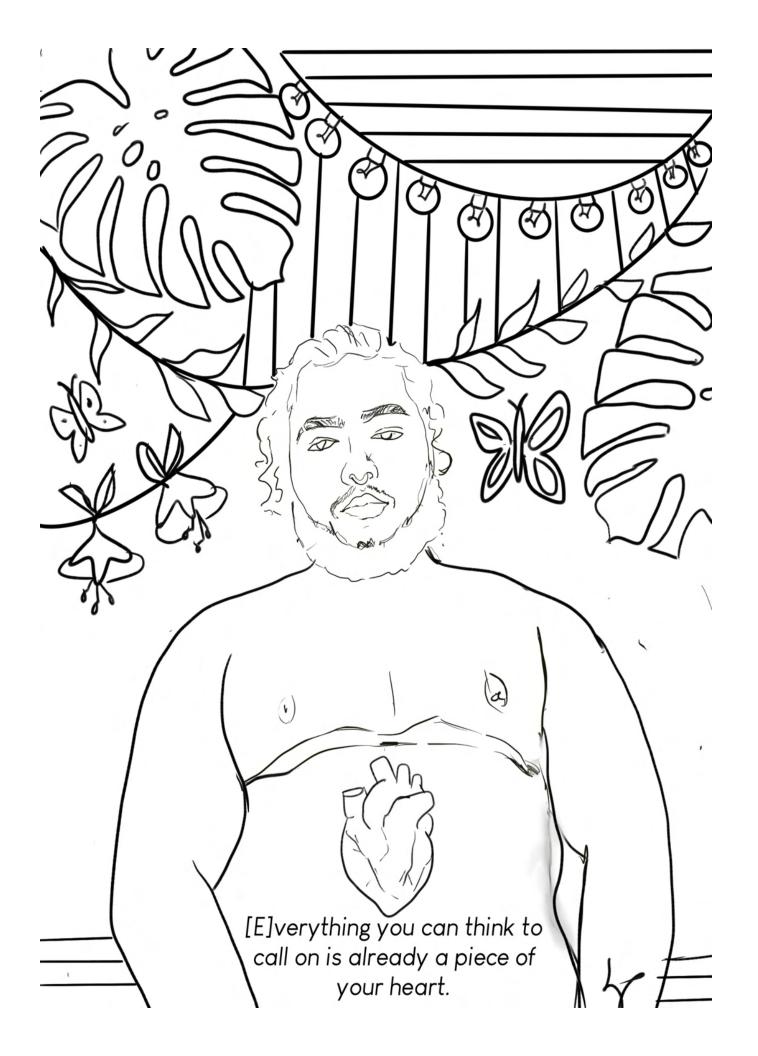


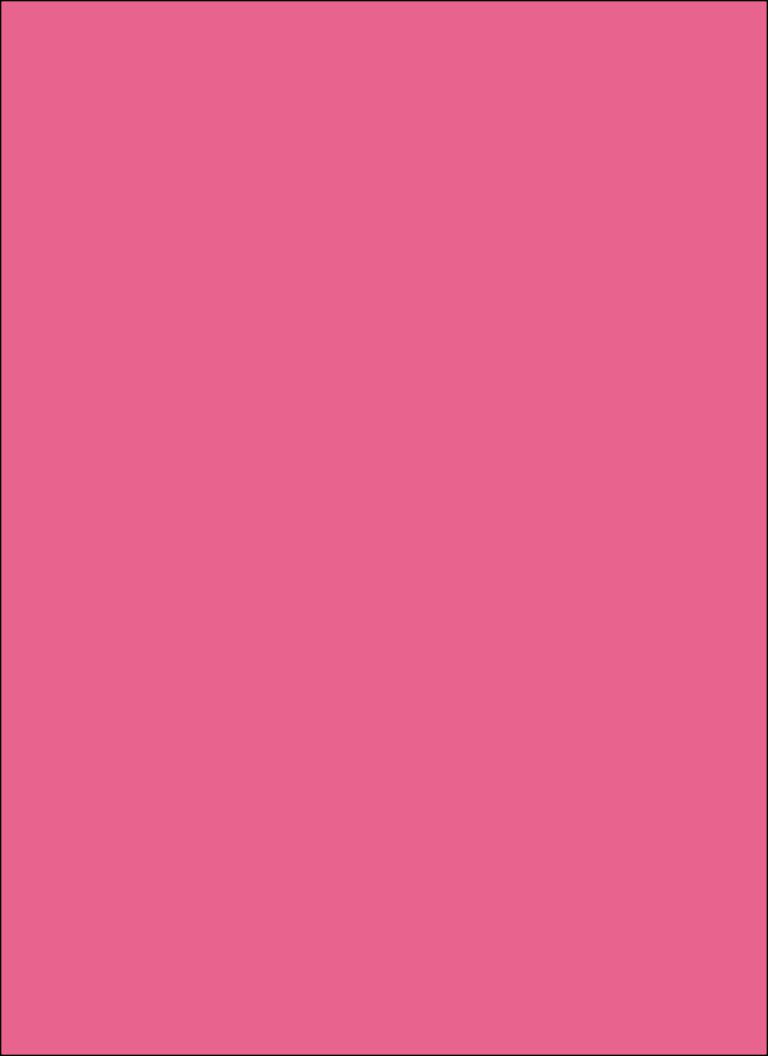
All hurricanes eventually dissipate. The one in your mind will soon





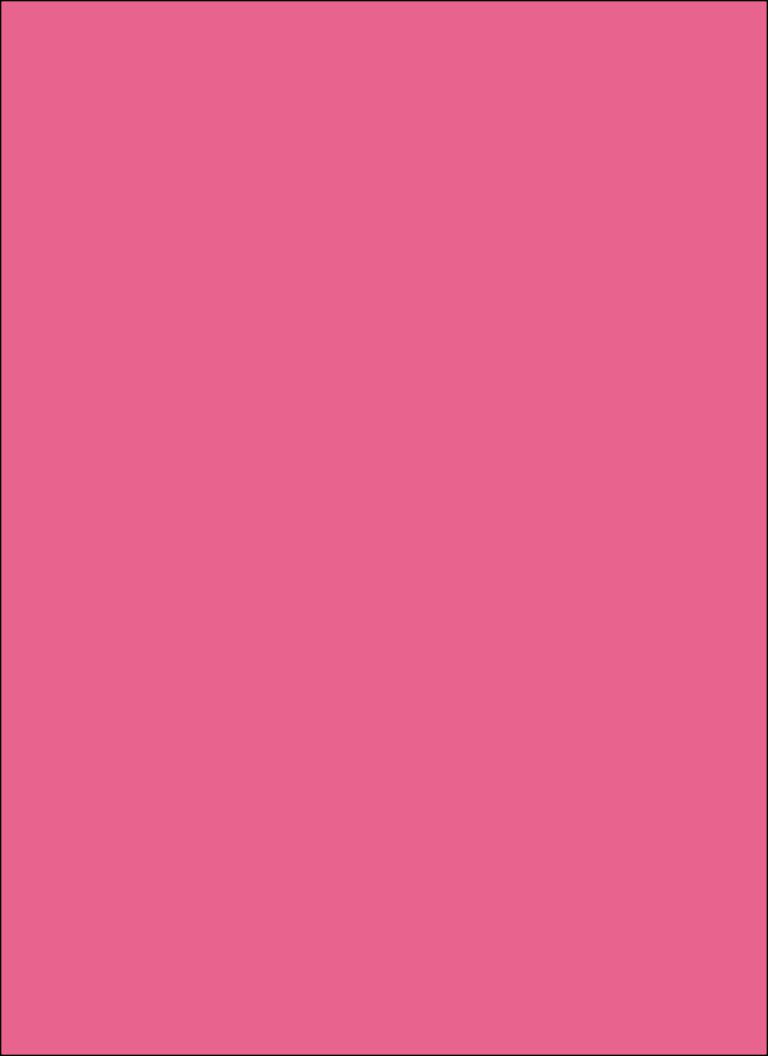


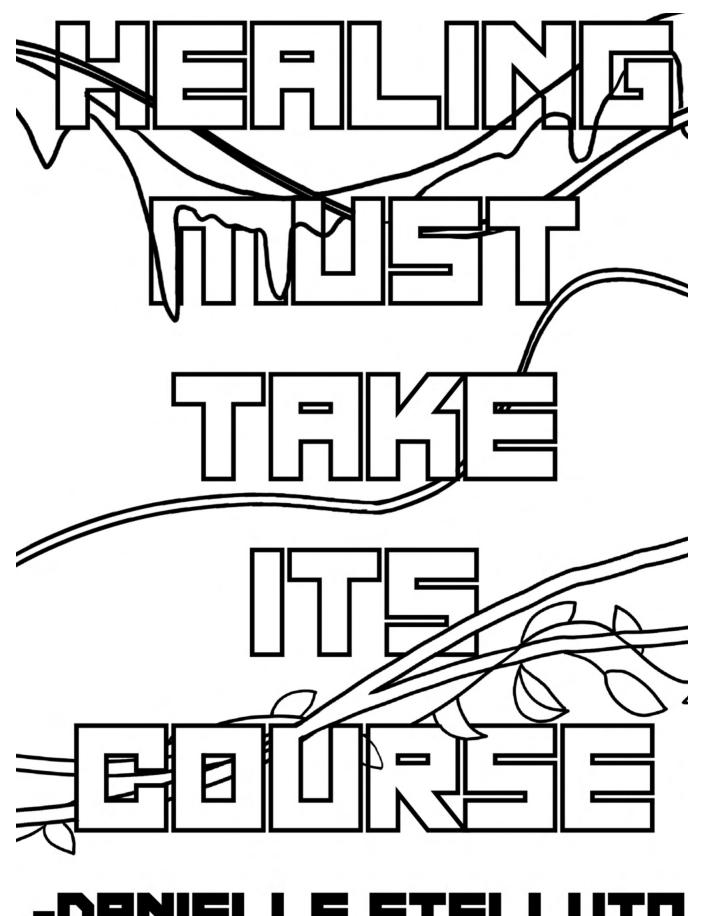




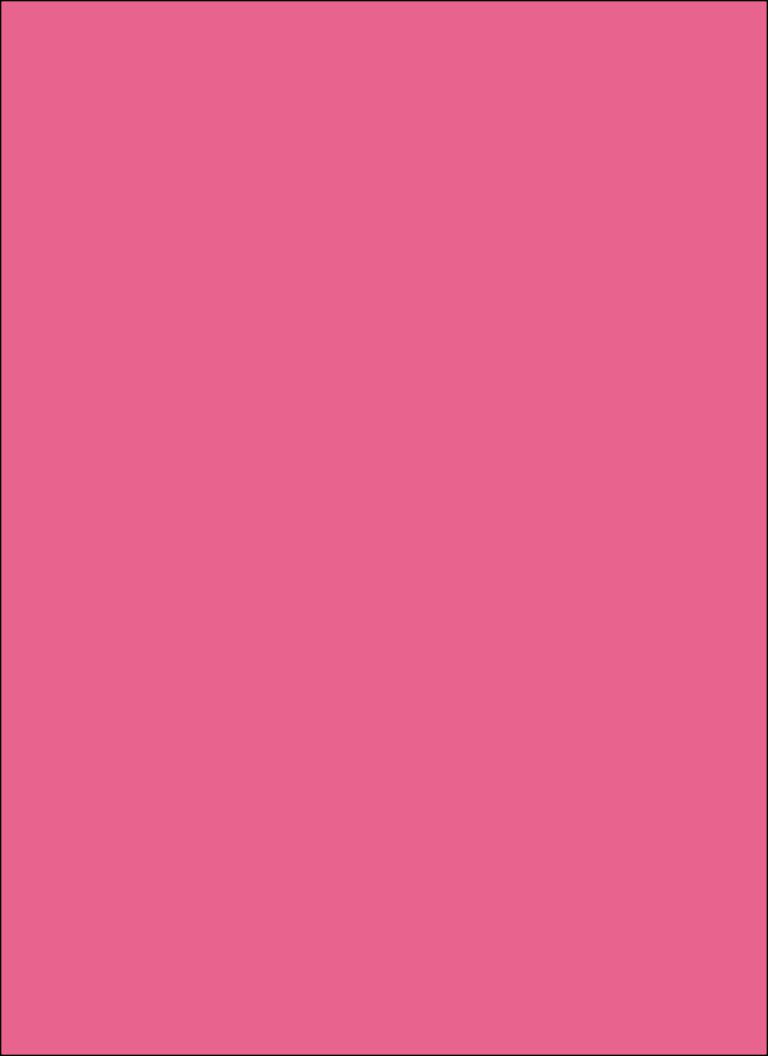


Move with care, love, intention, [and] Resistance



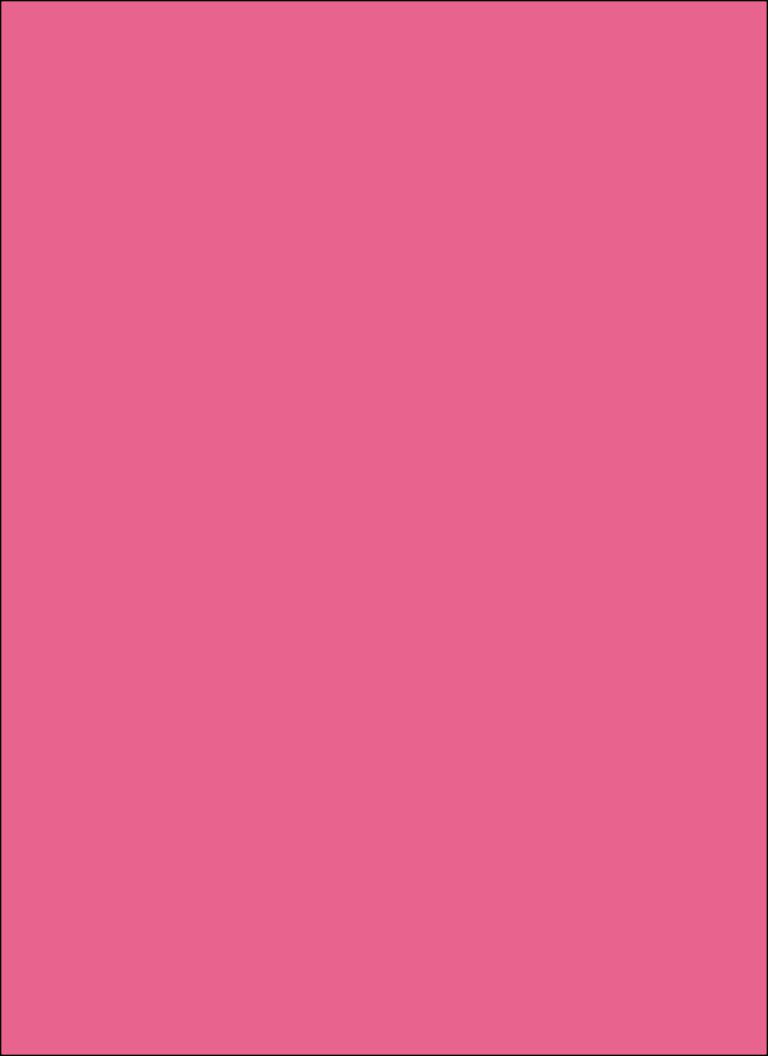


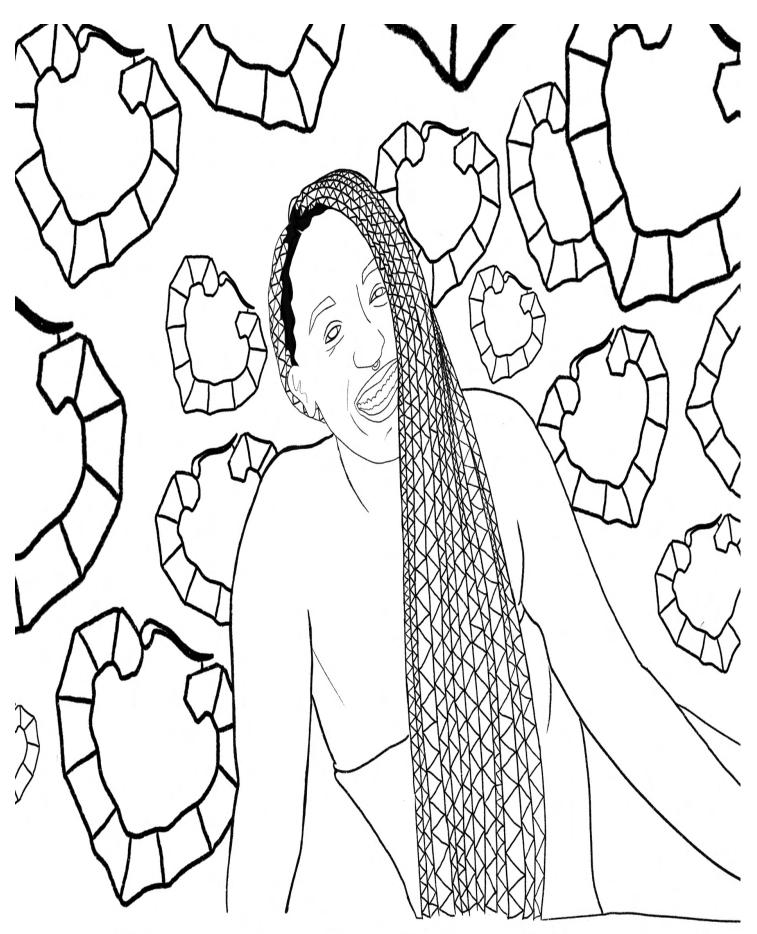
LE STELLUTO



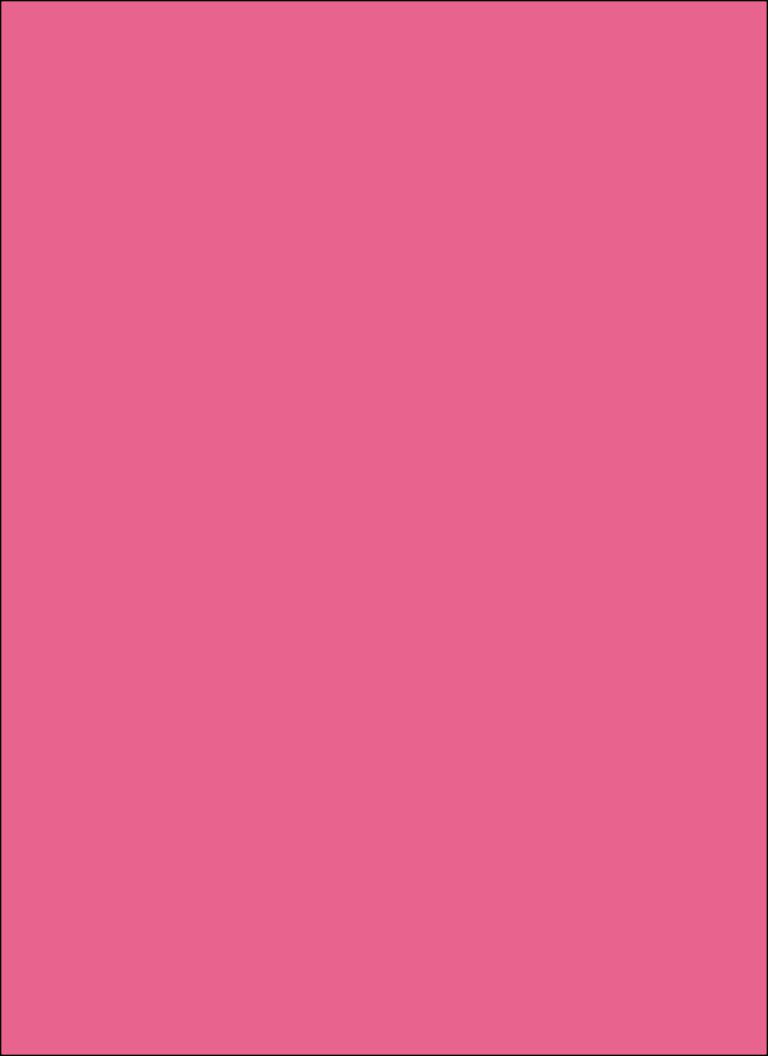


Life will always send you turbulent waves. One must learn how to ride them until [one] can swim amongst them.



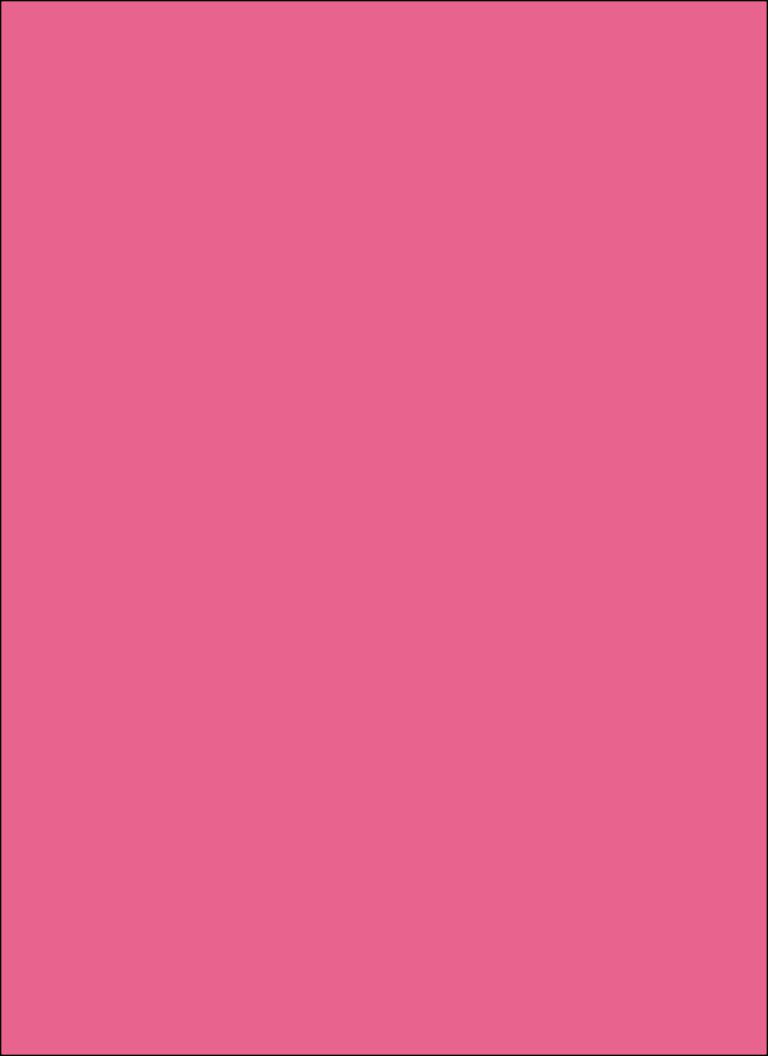


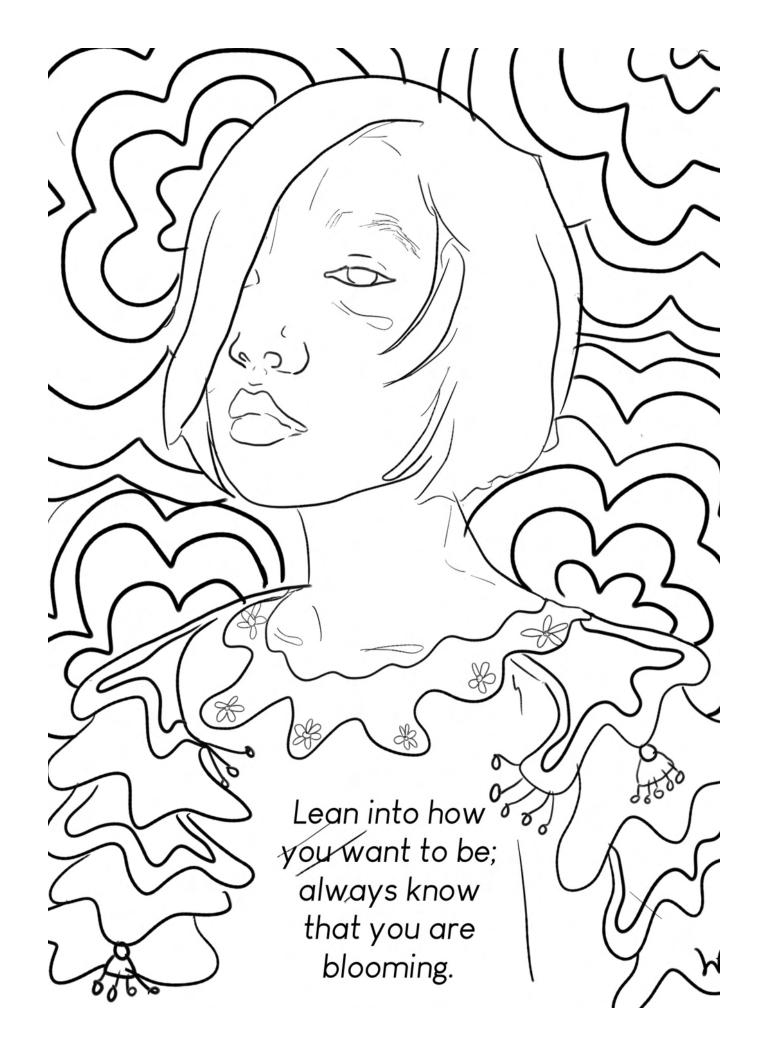
I see you. With your heart broken wide open. To witness and hold all of you is a gift.

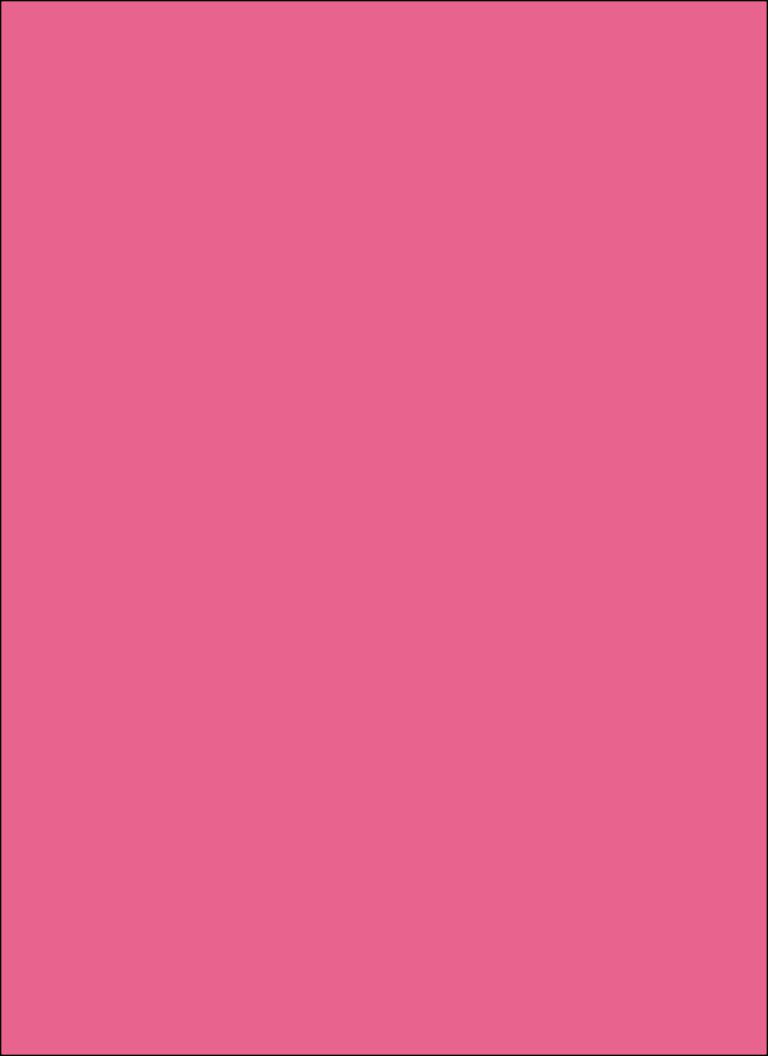


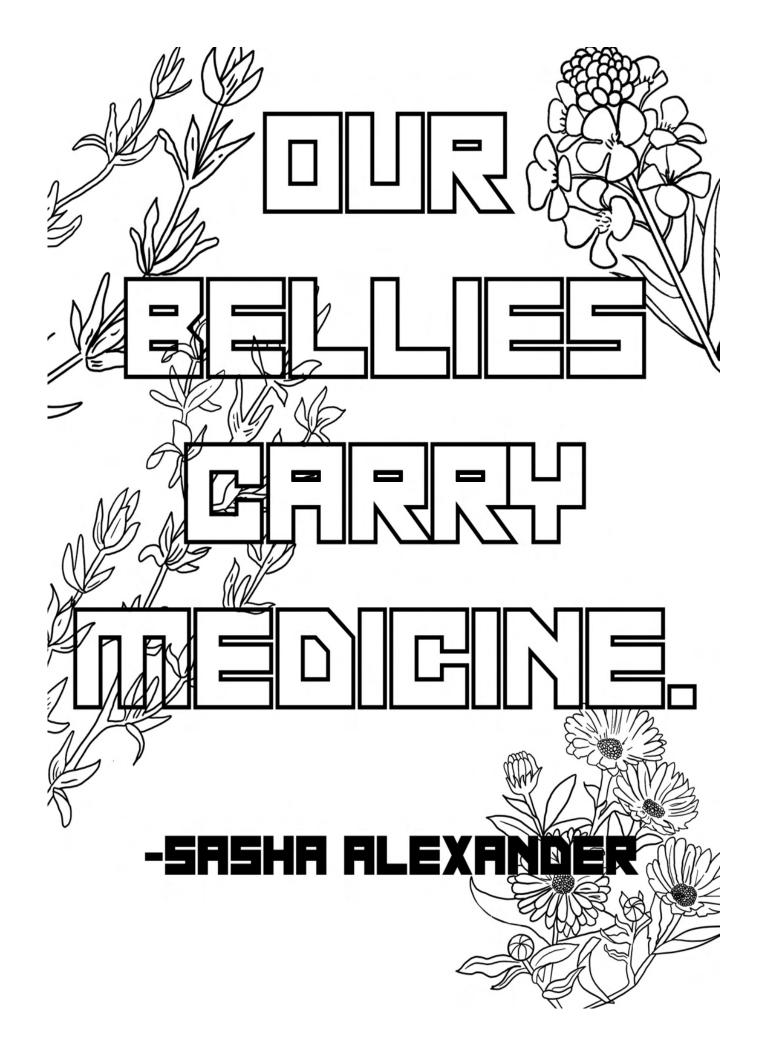


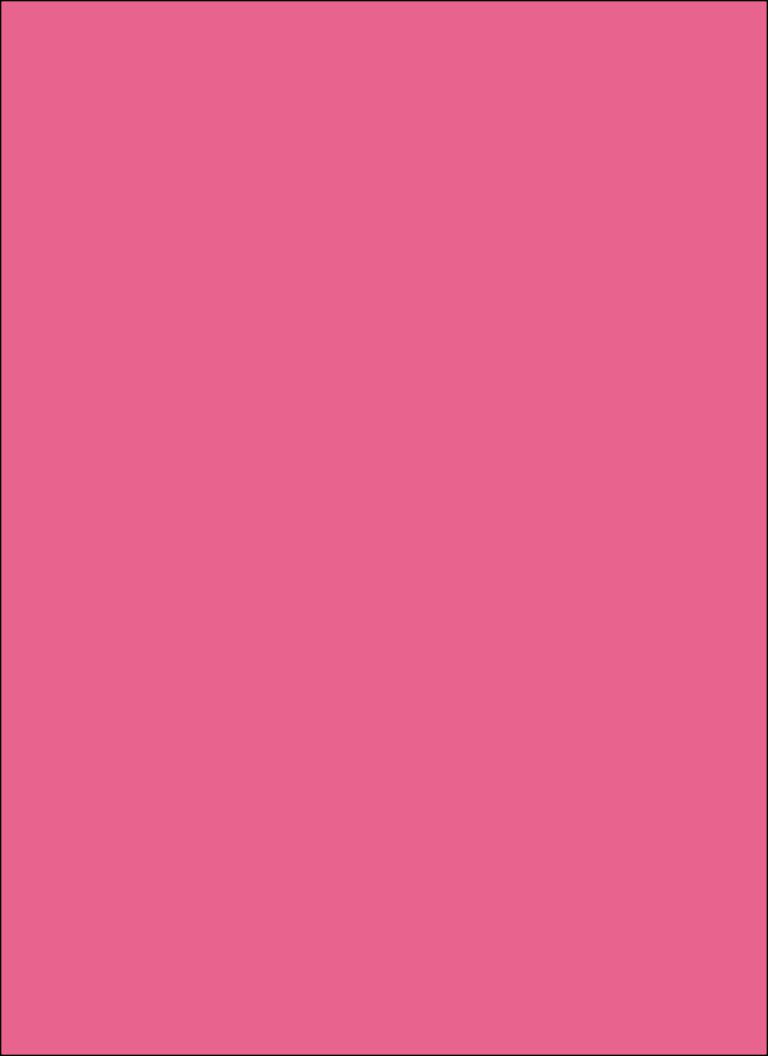
Your trauma does not define you





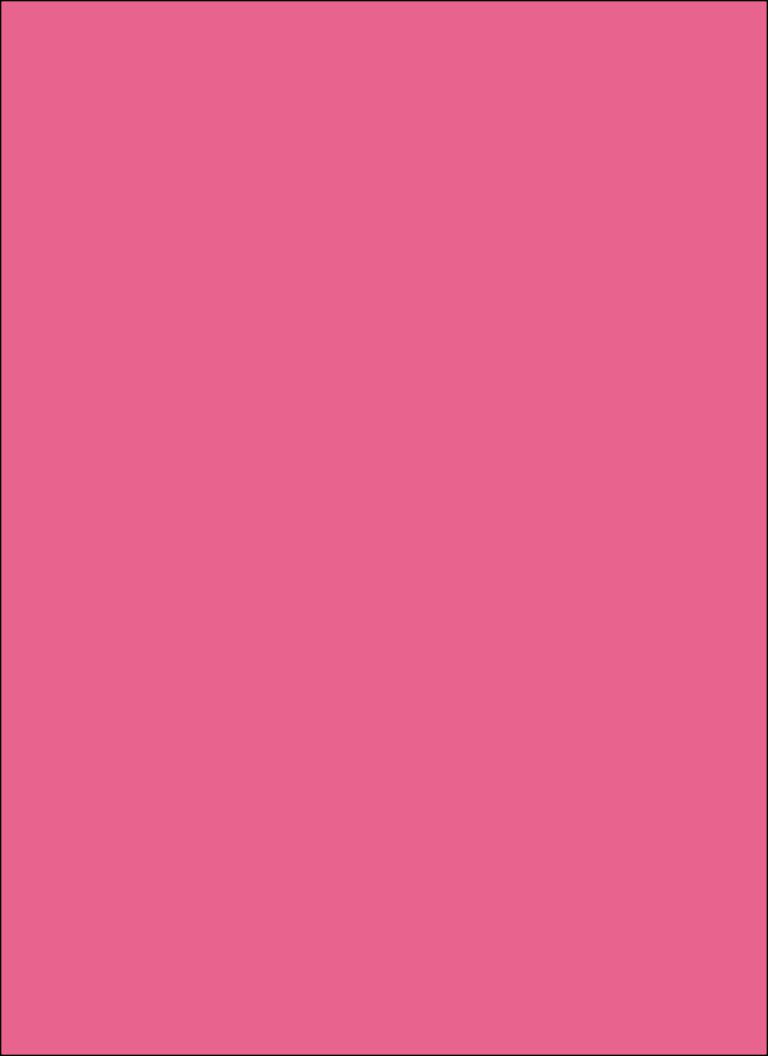




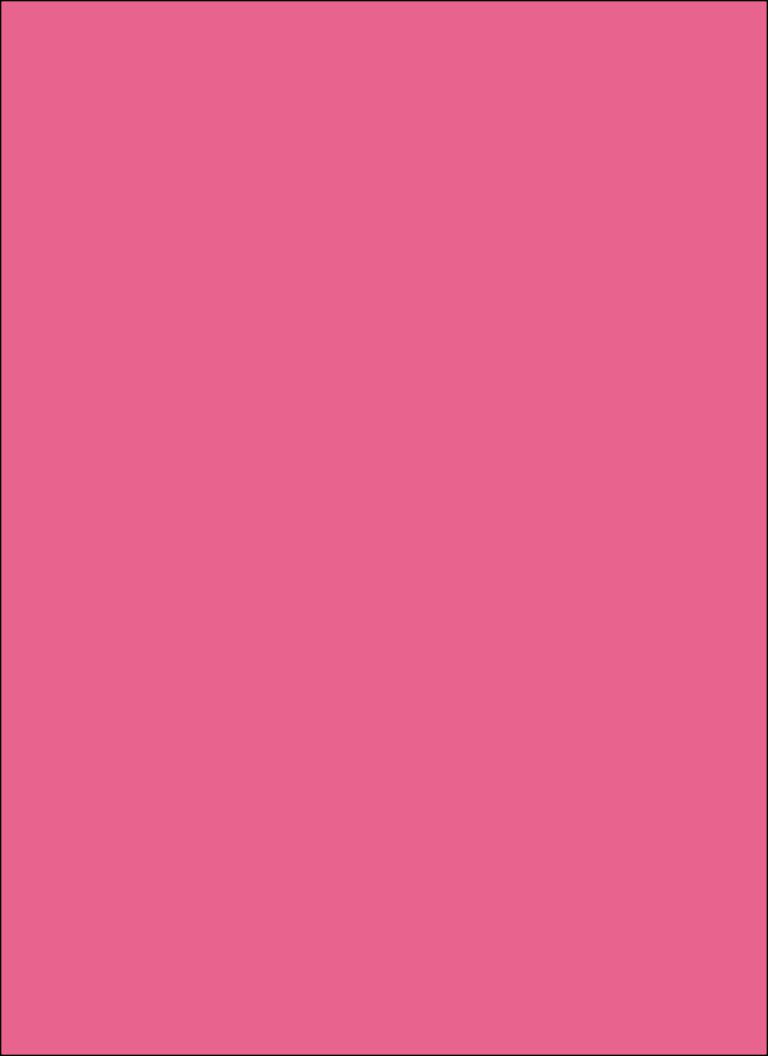


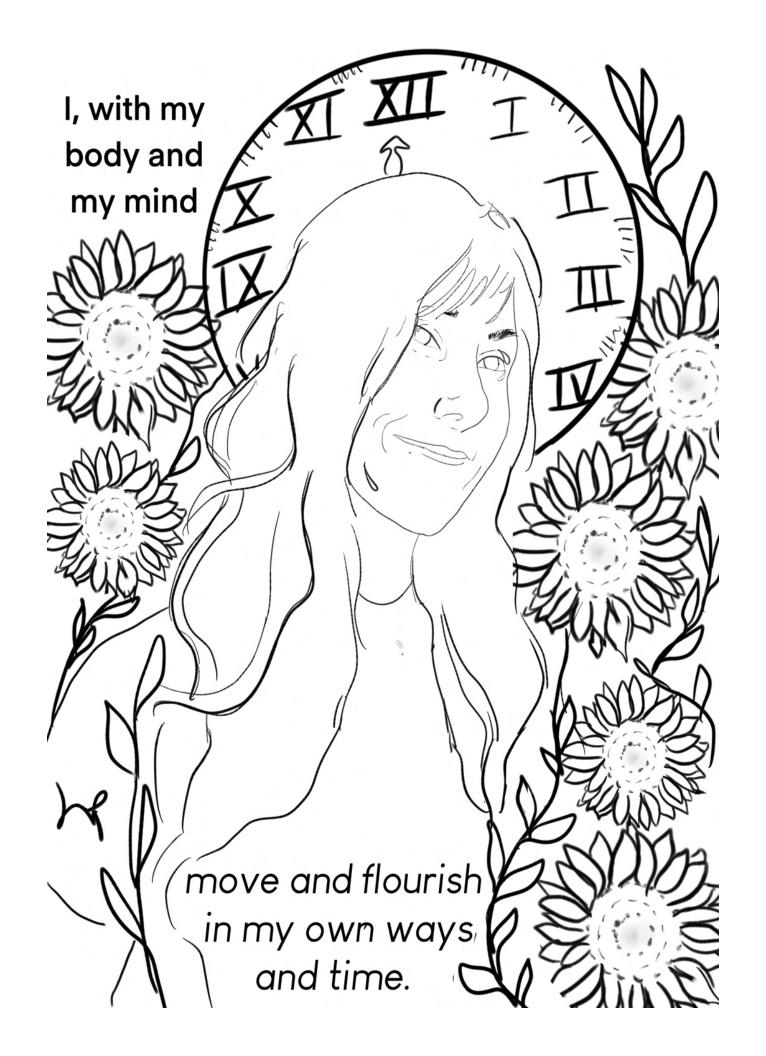
Prioritizing mental health is an ongoing journey

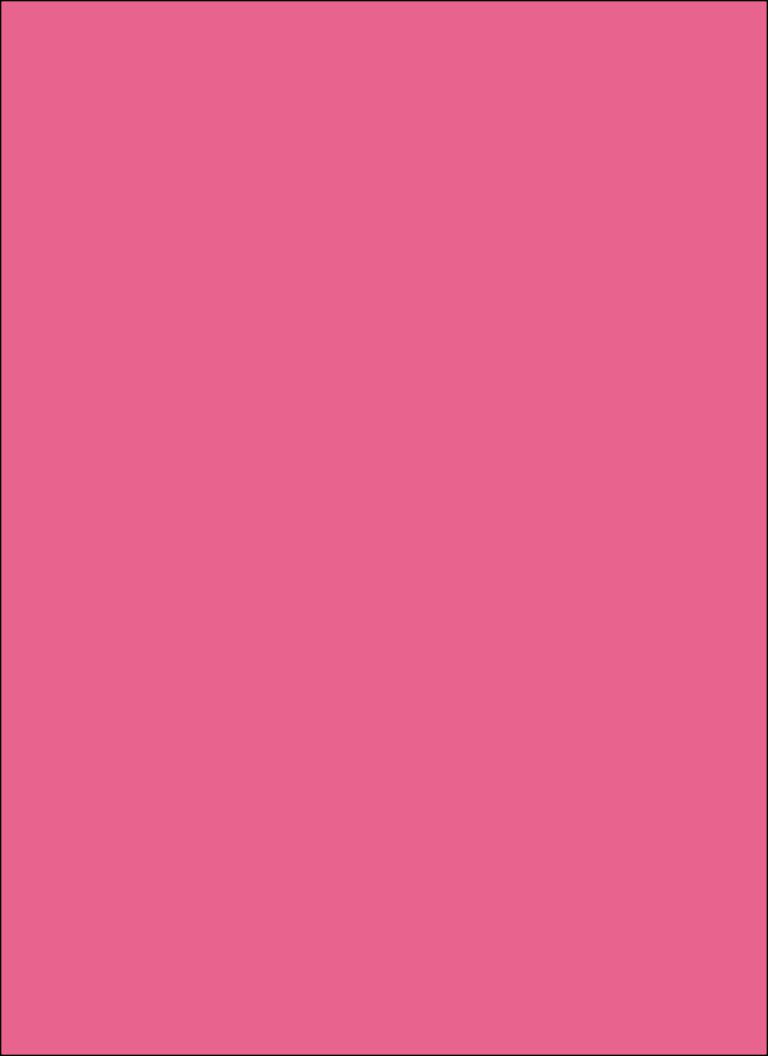




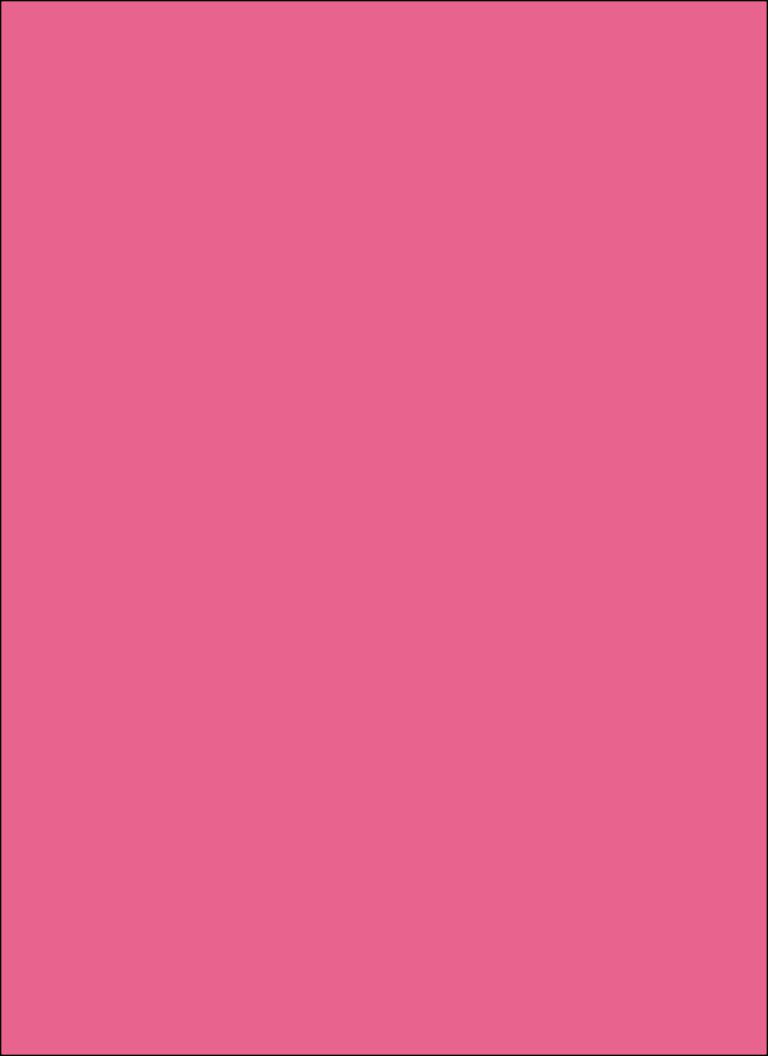




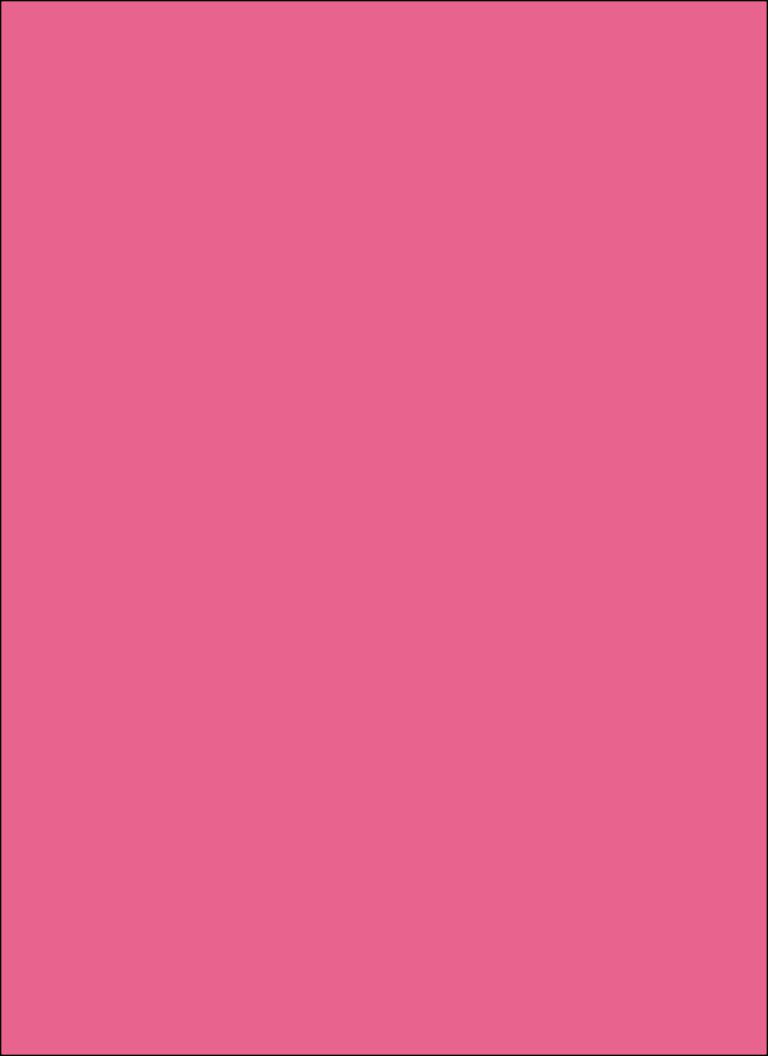












## REFLECTIONS

